



**Marcus Lewis Tennis Extension Program
in partnership with Westford Recreation**

***2022 MLTEP
Spring-Summer
Programs***

Learn more about [Westford Recreation](https://www.westfordma.gov/recreation) at [westfordma.gov](https://www.westfordma.gov)
For recreation programming, visit [westfordrec.com](https://www.westfordrec.com)

Westford Recreation, 65 Main Street, Westford, MA 01886 | 978-692-5532



Tennis for Adults with Marcus Lewis

Westford Recreation partners with the Marcus Lewis Tennis Extension Program (MLTEP) to offer the highest quality tennis programming. The MLTEP, a non-profit that was formed by the Marcus Lewis Tennis Center (MLTC), has provided high-level instruction to area communities for over 20 years. MLTEP instructors are specifically trained in contemporary methods of teaching and many have decades of experience. The non-profit MLTEP utilizes resources from the MLTC, however as a non-profit, the pricing is significantly lower than a commercial facility. With two indoor facilities in Acton, MLTEP also provides Westford residents with year-round opportunities to play tennis. To register, or to learn more about the MLTEP Programs, contact westford@marcuslewisenterprises.com.

Adult Beginner Tennis

Over the years, Peter Bannon has grown to love the game of tennis, playing on several teams, and in numerous tournaments. Peter feels that tennis and the business world are similar, both requiring “continual improvement” of one’s attitude, behavior, and technique. Class emphasis will be on stroke fundamentals, footwork, and court positioning. Bring water, racquet, and sunscreen.

Spring

Dates: Mondays
April 25, May 2, 9, 16, 23, June 6 (No Lesson 5/30) Rain date: June 13

Time: 7:00-8:00 p.m.

Fee: \$96 Resident/\$106 Nonresident

Location: Robinson School

Dates: Fridays
April 29, May 6, 13, 20, 27, June 3, 10
Rain date: June 17

Time: 1:30-2:30 p.m.

Fee: \$112 Resident/\$122 Nonresident

Location: Stony Brook Middle School Courts

Dates: Saturdays
April 30, May 7, 14, 21, June 4, 11
(No Lesson 5/28) Rain date: June 18

Time: 9:30-11:00 a.m.

Fee: \$144 Resident/\$154 Nonresident

Location: Stony Brook Middle School Courts

Summer

Dates: Tuesdays
June 21, 28, July 5, 12, 19, 26,
August 2, 9 Rain date: August 16

Time: 6:30-8:00 p.m.

Fee: \$192 Resident/\$202 Nonresident

Location: Stony Brook Middle School Courts

Adult Advanced Beginner Low Intermediate/Intermediate Tennis

If you have the strokes and can keep a rally going relatively well, this is the next step. Develop your abilities with more advanced training and strategy. Players should bring water, racquet, and sunscreen.

Spring

Advanced Beginner/Low Intermediate

Dates: Saturdays
April 30, May 7, 14, 21, June 4, 11
(No Class 5/28) Rain date: June 18

Time: 8:00-9:30 a.m.

Fee: \$144 Resident/\$154 Nonresident

Location: Stony Brook Middle School Court

Advanced Beginner/Low Intermediate

Dates: Wednesdays
April 27, May 4, 11, 18, 25, June 1, 8
Rain date: June 15
Rain date: June 16

Time: 6:30-8:00 p.m.

Fee: \$168 Resident/\$178 Nonresident

Location: Robinson School

Low Intermediate/Intermediate

Dates: Fridays
April 29, May 6, 13, 20, 27, June 3, 10
Rain date: June 17

Time: 6:00-7:30 p.m.

Fee: \$168 Resident/\$178

Location: Robinson School

Dates: Fridays
April 29, May 6, 13, 20, 27, June 3, 10
Rain date: June 17

Time: 11:30-1:00 p.m.

Fee: \$168 Resident/\$178 Nonresident

Location: Stony Brook Middle School Courts



Adult Advanced Beginner Low Intermediate/Intermediate Tennis *continued*

Summer

Low Intermediate/Intermediate

Dates: Fridays
June 24, July 1, 8, 15, 22, 29, August 5, 12
Rain Date: August 19
Time: 6:30-8:00 p.m.
Fee: \$192 Resident/\$202 Nonresident

Advanced Beginner/Low Intermediate

Dates: Saturdays
June 25, July 9, 16, 23, 30, August 6, 13
(No Lesson 7/2) Rain Date: August 20
Time: 8:00-9:30 a.m.
Fee: \$168 Resident/\$178 Nonresident

Beginner/Advanced Beginner

Dates: Saturdays
June 25, July 9, 16, 23, 30, August 6, 13
(No Lesson 7/2) Rain Date: August 20
Time: 9:30-11:00 a.m.
Fee: \$168 Resident/\$178 Nonresident
Location: Stony Brook Middle School Courts

Adult “Try Tennis”

Now is your chance to get out on the courts and take a tennis lesson for FREE! The MLTEP is running this program for adults who have never had any formal tennis instruction before. The format is a three-class mini session that anyone can take.

All equipment is provided. Just sign up, show up, and we will do the rest! Players should bring water, racquet, and sunscreen.

Dates: Mondays
Try Tennis: April 25, May 2, 9
Time: 6:00-7:00 p.m.
Fee: \$10 Registration Fee
Location: Robinson School

If you want to continue you can register for the remainder of the session.

Date: Mondays
May 16, 23, June 6, Rain date: June 13
(No Class 5/30)
Time: 6:00 -7:00p.m.
Fee: \$48 Resident/\$58 Nonresident
Location: Robinson School

Adult Cardio Tennis

Dates: Thursdays
April 28, May 5, 12, 19, 26, June 2, 9
Rain date: June 16
Time: 11:30-12:30 p.m.
Fee: \$112 Resident/\$122 Nonresident
Location: Robinson School

April Vacation

Marcus Lewis Tennis Clinic for Adults

Give your tennis game a spring tune-up with skills, drills and games during April vacation. Program runs for three hours a day. Choose as many days as you want. Players should bring water, racquet, and sunscreen.

Dates: Monday-Thursday
April 18, 19, 20, 21
Rain date: April 22
Time: 9:00 a.m.-12:00 p.m.
Fee: \$48 per day Resident
\$58 per day Nonresident
Location: Robinson School

Marcus Lewis Tennis Clinic for Kids

Have your child get a head start on their spring and summer tennis with three hour periods of drills and match play. Whether your child is rusty from the winter, or needs more training to reach that next step, a day, or a full week of this vacation clinic can be the perfect solution. Players are divided by age and skill level. Please bring water, racquet, and sunscreen.

Dates: Monday-Thursday
April 18, 19, 20, 21
Rain date: April 22
Time: 1:00-4:00 p.m.
Ages: 4 -16
Fee: \$48 per day - Resident
\$58 per day - Nonresident
Location: Robinson School

To ***Register*** or to ***Learn More*** about MLTEP Programs, contact westford@marcuslewisenterprises.com



Tennis for Squirts with Marcus Lewis

Quick Start Clinics with Marcus Lewis

Although there was a time when juniors learned with the same size equipment as adults, the modern tennis world took a different approach. Now juniors are instructed with lower compression balls, smaller racquets and even a smaller court for younger players. The result is faster improvement, longer rallies and greater success. The MLTC employs the most current teaching methods so that your child learns efficiently and has a great time doing it. Players should bring water, racquet, and sunscreen. *Westford Parks & Recreation partners with the Marcus Lewis Tennis Extension Program (MLTEP) to offer the highest quality instruction and programming.*

RED Ball: Ages 4-8

Young players start with a red ball that is larger, slower, and lighter. The smaller court and lower net is scaled to size for these developing players which allows them to cover the court, hit more balls, and build confidence. At this level, young juniors develop their technique and learn simple tactics. Please bring water, racquet, and sunscreen and sunscreen.

RED Ball - Level 1, Spring

Dates: Wednesdays
April 27, May 4, 11, 18, 25, June 1, 8
Rain date: June 15
Time: 4:30-5:30 p.m.
Fee: \$112 Resident/\$122 Nonresident
Location: Robinson School

Dates: Thursdays
April 28, May 5, 12, 19, 26, June 2, 9
Rain date: June 16
Time: 1:30-2:30 p.m.
Fee: \$112 Resident/\$122 Nonresident
Location: Stony Brook Middle School Courts

RED Ball - Level 2, Spring

Dates: Wednesdays
April 27, May 4, 11, 18, 25, June 1, 8
Rain date: June 15
Time: 5:30-6:30 p.m.
Fee: \$112 Resident/\$122 Nonresident
Location: Robinson School

RED Ball - Level I and Level 2, Spring

Dates: Saturdays
April 30, May 7, 14, 21, June 4, 11
(No Class May 28) Rain date: June 18
Time: 1:30-2:30 p.m.
Fee: \$96 Resident/\$106 Nonresident
Location: Stony Brook Middle School Courts

RED Ball - Level I and Level 2, Summer

Dates: Tuesdays
June 21, 28, July 5, 12, 19, 26, August 2, 9
Rain date: August 16
Time: 5:30-6:30 p.m.
Fee: \$128 Resident/\$138 Nonresident

Dates: Saturdays
June 25, July 9, 16, 23, 30, August 6, 13
(No Lesson 7/2) Rain date: August 20
Time: 11:00-12:00 p.m.
Fee: \$112 Resident/\$122 Nonresident
Location: Stony Brook Middle School Courts

RED Ball: Peewee Summer Mini Clinic

In this clinic, your child's skills are reinforced for one hour on a daily basis. It's a great way for children to learn. For ages 5-7. Please bring water, racquet, and sunscreen.

Dates: Monday-Thursday, Rain date: Friday
Session 1: June 20-23
Session 2: June 27-30
Session 3: July 5-8 (Tues-Fri)
Session 4: July 11-14
Session 5: July 18-21
Session 6: July 25-28
Session 7: August 1-4
Session 8: August 8-11
Time: 8:30-9:30 a.m.
Fee: \$64 Resident/\$74 Nonresident (4 Days)
Location: Stony Brook Middle School Courts

To **Register** or to **Learn More** about MLTEP Programs, contact westford@marcuslewisenterprises.com

Tennis for Youth with Marcus Lewis

ORANGE Ball: Ages 8-10

ORANGE balls are the same size as a standard yellow ball, but are lighter and bounce lower. Play is on a mid-sized court with a standard net and juniors continue to build technique and tactical skills as well as confidence in their playing ability.

With Orange Ball, the emphasis is on learning basic grip, tennis strokes, boundaries, building fundamental skills, and scoring. Please bring water, racquet, and sunscreen.

ORANGE Ball - Level 1, Spring

Dates: Tuesdays
April 26, May 3, 10, 17, 24, 31 June 7
Rain date: June 14
Times: 5:00-6:00 p.m.
Fee: \$112 Resident/\$122 Nonresident

Dates: Thursdays
April 28, May 5, 12, 19, 26, June 2, 9
Rain date: June 16
Times: 5:00-6:00 p.m.
Fee: \$112 Resident/\$122 Nonresident

Location: Robinson School

ORANGE Ball - Level 2, Spring

Dates: Tuesdays
April 26, May 3, 10, 17, 24, 31, June 7
Rain date: June 14
Times: 6:00-7:00 p.m.
Fee: \$112 Resident/\$111 Nonresident

Dates: Thursdays
April 28, May 5, 12, 19, 26, June 2, 9
Rain date: June 16
Times: 6:00-7:00 p.m.
Fee: \$112 Resident/\$122 Nonresident

Location: Robinson School

ORANGE Ball - Level 1 and Level 2, Spring

Dates: Saturdays
April 30, May 7, 14, 21, June 4, 11
(No Class May 28) Rain date: June 18
Times: 12:30-1:30 p.m.
Fee: \$96 Resident/\$106 Nonresident
Location: Stony Brook Middle School Courts

ORANGE Ball - Level 1 and Level 2, Summer

Dates: Wednesdays
June 20, 29, July 6, 13, 20, 27, August 3, 10
Rain date: August 17
Times: 5:00-6:00 p.m.
Fee: \$128 Resident/\$138 Nonresident

Dates: Thursdays
June 23, 30, July 7, 14, 21, 28, August 4, 11
Rain date: August 18
Times: 5:00-6:00 p.m.
Fee: \$128 Resident/\$138 Nonresident

Dates: Saturdays
June 25, July 9, 16, 23, 30, August 6, 13
(No Class July 2) Rain date: August 20
Times: 12:00-1:00 p.m.
Fee: \$112 Resident/\$122 Nonresident

Location: Stony Brook Middle School Courts

GREEN Ball: Ages 9-12

As junior players grow and build their skills for strokes, they move to a full sized court. The green ball is slightly lighter and slower than a yellow ball which gives them more time to get to and return shots. More balls stay in play and the exchanges last longer. For students who show potential to excel and have played enough to demonstrate forehand and backhand groundstrokes. Skills worked on will be advanced stroke skills and match strategy. Please bring water, racquet, and sunscreen.

GREEN Ball - Level 1, Spring

Dates: Tuesdays
April 26, May 3, 10, 17, 24, 31, June 7
Rain date: June 14
Times: 7:00-8:00 p.m.
Fee: \$112 Residents/\$122 Nonresidents
Location: Robinson School

*MLTC
participants
are in trophy
pose position
practicing their
over-heads.*





GREEN Ball - Level 2, Spring

Dates: Thursdays
April 28, May 5, 12, 19, 26, June 2, 9
Rain date: June 16
Times: 7:00-8:00 p.m.
Fee: \$112 Resident/\$122 Nonresident
Location: Robinson School

GREEN Ball - Level 1 and Level 2, Spring

Dates: Saturdays
April 30, May 7, 14, 21, June 4, 11
(No lesson May 28) Rain date: June 18
Time: 11:00-12:30 p.m.
Fee: \$144 Residents/\$154 Nonresidents
Location: Stony Brook Middle School Courts

GREEN Ball - Level 1 and Level 2, Summer

Dates: Thursdays
June 23, 30, July 7, 14, 21, 28, August 4, 11
Rain date: August 18
Times: 6:00-7:30 p.m.
Fee: \$192 Resident/\$202 Nonresident
Dates: Saturdays
June 25, July 9, 16, 23, 30, August 6, 13
(No lesson July 2) Rain date: August 20
Times: 1:00-2:30 p.m.
Fee: \$168 Resident/\$178 Nonresident
Location: Stony Brook Middle School Courts

YELLOW Ball: Ages 12+

Experienced and older juniors move to the standard yellow ball and the standard court size. These clinics are for the intermediate and advanced level players who aspire to compete in USTA tournaments or join their High School tennis team. The focus is on enhancing strokes and tactics for singles and doubles play along with mental toughness and conditioning.

YELLOW Ball - Level 1, Spring

For players with little knowledge of the game or skills. Players will be taught basic skills including forehand, backhand, serve, volley, and overhead. Players should bring water, racquet, and sunscreen.

Ages: 12-14
Dates: Fridays
April 29, May 6, 13, 20, 27, June 3, 10
Rain date: June 17
Times: 2:30-4:00 p.m.
Fee: \$168 Resident/\$178 Nonresident
Location: Robinson School

YELLOW Ball: Level I, Summer

Ages: 12-14
Dates: Fridays
June 24, July 1, 8, 15, 22, 29, August 5, 12
Rain date: August 19
Times: 4:30-6:00 p.m.
Fee: \$192 Resident/\$202 Nonresident
Location: Stony Brook Middle School Courts

Junior "Try Tennis": Ages 5-13

Professional lessons can be costly, however, that should never be a barrier for kids to get exposed to the game of tennis. The MLTEP offers a three-class mini session of tennis lessons to children who have never had a tennis lesson before. Equipment and supplies are provided. If you're unsure of your children's affinity for tennis and want them to test the waters, this would be the ideal time to do so. Players should bring water, racquet, and sunscreen.

Ages: 5-8
Dates: Fridays
Try Tennis: April 29, May 6, 13
Time: 4:00-5:00 p.m.
Fee: \$10 Registration Fee
Ages: 9-13
Dates: Fridays
Try Tennis: April 29, May 6, 13
Time: 5:00-6:00 p.m.
Fee: \$10 Registration Fee (3 Lessons)

If your child enjoys tennis and would like to continue Just "Try Tennis", please register for the remainder of the session:

Ages: 5-8
Date: Fridays
Try Tennis Continued: May 20, 27, June 3, 10
Rain date: June 17
Time: 4:00-5:00 p.m.
Fee: \$64 Residents/\$74 Nonresidents

Ages 9-13
Date: Fridays
Try Tennis Continued: May 20, 27, June 3, 11
Rain date: June 17
Time: 5:00-6:00 p.m.
Fee: \$64 Residents/\$74 Nonresidents

Location: Robinson School

To **Register** or to **Learn More** about MLTEP Programs, contact westford@marcuslewisenterprises.com.

YELLOW Ball: Level 1 and Level 2, Summer

Dates: Mondays
June 20, 27, July 11, 18, 25, August 1, 8
(No Class 7/4) Rain date: August 15
Time: 6:00-7:30 p.m.
Fee: \$168 Resident/\$178
Location: Stony Brook Middle School Courts

Middle School Tennis

This program is constructed to emphasize player participation and to prepare kids for future high school play. Players need to have a basic knowledge of the game, as well as the ability to serve and rally.

Program runs Monday through Thursday. Mondays and Wednesdays are practice days. Tuesday and Thursdays are match play days. Players may choose to register for 2, 3, or 4 days per week with at least one day being Monday or Wednesday. Players must also pick the days they will attend when registering.

To register or for more information please contact:
Susanna Barton at Susanna@marcuslewisenterprises.com

Dates: April 25 through June 18
(No Lesson May 30)
Time: 3:00-5:00 p.m.
Fee: 2 days/week \$360
3 days/week \$400
4 days/week \$460
Location: Marcus Lewis
Tennis Center in Acton

Summer Beginner/Intermediate Tennis Program Orange Ball/Green Ball

Skills are reinforced every day through fun drills and games. Players will be evaluated and divided by ability. Players should bring water, racquet, and sunscreen.

Ages: 8 and older

Mondays-Thursdays, Rain date: Fridays

Session 1: June 20-23
Session 2: June 27-July 30
Session 3: July 5-8 (Tues-Fri)
Session 4: July 11-14
Session 5: July 18-21
Session 6: July 25-28
Session 7: August 1-4
Session 8: August 8-11

Time: 9:30-11:00 a.m.
Fee: \$96 Resident/\$106 Nonresident
Location: Stony Brook Middle School Courts

Summer Intermediate/Advanced Tennis Program Green Ball/Yellow Ball

Players should have dependable strokes, including directional control and depth on both forehand and backhand if registering for this class. We will work on use of power and spin, handling pace, sound footwork, controlling depth of shots and varying game plan according to your opponents. Players should bring water, racquet, and sunscreen.

Ages: 10 and older

Mondays-Thursdays, (Rain date on Fridays)

Session 1: June 20-23
Session 2: June 27-July 30
Session 3: July 5-8 (Tues-Fri)
Session 4: July 11-14
Session 5: July 18-21
Session 6: July 25-28
Session 7: August 1-4
Session 8: August 8-11

Time: 11:00-12:30 p.m.
Fee: \$96 Resident/\$106 Nonresident

Location: Stony Brook Middle School Courts



Tennis for High School: Ages 14-18

This program is for players of all levels and will be grouped accordingly. Students will learn basic tennis strokes, court terminology, and etiquette. Those with more tennis experience will work on advanced strokes and match strategy. Racquet required. Players should bring water, racquet, and sunscreen.

Dates: Mondays
April 25, May 2, 9, 16, 23, June 6
(No Lesson May 30) Rain date: June 13
Time: 4:30-6:00 p.m.
Fee: \$144 Resident/\$154 Nonresident
Location: Robinson School

YELLOW Ball: Level 1 and Level 2, Summer

Dates: Mondays
June 20, 27, July 11, 18, 25, August 1, 8
(No Lesson July 4) Rain date: August 15
Time: 4:30-6:00 p.m.
Fee: \$168 Resident/\$178 Nonresident

Dates: Wednesdays
June 22, 29, July 6, 13, 20, 27, August 3, 10
Rain date: August 17
Time: 6:00-7:30 p.m.
Fee: \$192 Resident/\$202 Nonresident
Location: Stony Brook Middle School Courts