



**Marcus Lewis Tennis Extension Program
in partnership with Westford Recreation**

***2024 MLTEP
Spring-Summer
Programs***

Learn more about [Westford Recreation](https://www.westfordma.gov) at [westfordma.gov](https://www.westfordma.gov)
For recreation programming , visit [westfordma.myrec.com](https://www.westfordma.myrec.com)

Westford Recreation, 65 Main Street, 3rd Floor, Westford, MA 01886 | 978-692-5532

Tennis for Adults with Marcus Lewis

Westford Recreation partners with the Marcus Lewis Tennis Extension Program (MLTEP) to offer the highest quality tennis programming. The MLTEP, a non-profit that was formed by the Marcus Lewis Tennis Center (MLTC), has provided high-level instruction to area communities for over 20 years. MLTEP instructors are specifically trained in contemporary methods of teaching and many have decades of experience. The non-profit MLTEP utilizes resources from the MLTC, however as a non-profit, the pricing is significantly lower than a commercial facility. With two indoor facilities in Acton, MLTEP also provides Westford residents with year-round opportunities to play tennis. To register, or to learn more about the MLTEP Programs, contact westford@marcuslewisenterprises.com.

Adult Beginner/Advanced Beginner Tennis

Class emphasis will be on stroke fundamentals, footwork, and court positioning. Bring water, racquet, and sunscreen.

Spring

Dates: Mondays
April 22, 29, May 6, 13, 20, June 3
(No Lesson 5/27) Rain date: June 10
Time: 6:00-7:30 p.m.
Fee: \$162 Resident/\$172 Nonresident
Location: Stony Brook Middle School Courts

Summer

Dates: Wednesdays
June 26, July 3, 10, 17, 24, 31
August 7, 14 (No Lesson 7/4)
Rain date: August 21
Time: 5:00-7:00 p.m.
Fee: \$288 Resident/\$298 Nonresident
Location: Stony Brook Middle School Courts

Adult Low Intermediate/Intermediate Tennis

If you have the strokes and can keep a rally going relatively well, this is the next step. Develop your abilities with more advanced training and strategy. Players should bring water, racquet, and sunscreen.

Spring

Low Intermediate/ Intermediate

Dates: Wednesdays
April 24, May 1, 8, 15, 22, 29, June 5
Rain date: June 12
Time: 6:00-7:30 p.m.
Fee: \$189 Resident/\$199 Nonresident
Location: Stony Brook Middle School Court

Summer

Low Intermediate/Intermediate

Dates: Mondays
June 17, 24 July 1, 8, 15, 22, 29,
August 5, 12 Rain Date: August 19
Time: 5:00-7:00 p.m.
Fee: \$324 Resident/\$334 Nonresident
Location: Stony Brook Middle School Court

Adult Cardio Tennis

Spring

Dates: Mondays
April 22, 29, May 6, 13, 20, June 3
(No Class 5/27) Rain date: June 10
Time: 12:30-1:30 p.m.
Fee: \$108 Resident/\$118 Nonresident
Location: Stony Brook Middle School Courts



Tennis for Squirts with Marcus Lewis

Quick Start Clinics with Marcus Lewis

Although there was a time when juniors learned with the same size equipment as adults, the modern tennis world took a different approach. Now juniors are instructed with lower compression balls, smaller racquets and even a smaller court for younger players. The result is faster improvement, longer rallies and greater success. The MLTC employs the most current teaching methods so that your child learns efficiently and has a great time doing it. Players should bring water, racquet, and sunscreen. *Westford Parks & Recreation partners with the Marcus Lewis Tennis Extension Program (MLTEP) to offer the highest quality instruction and programming.*

RED Ball: Ages 5-8

Young players start with a red ball that is larger, slower, and lighter. The smaller court and lower net is scaled to size for these developing players which allows them to cover the court, hit more balls, and build confidence. At this level, young juniors develop their technique and learn simple tactics. Please bring water, racquet, and sunscreen and sunscreen.

RED Ball - Spring

Dates: Wednesdays
April 24, May 1, 8, 15, 22, 29, June 5
Rain date: June 12
Time: 5:00-6:00 p.m.
Fee: \$126 Resident/\$136 Nonresident
Location: Stony Brook Middle School Courts

Dates: Fridays
April 26, May 3, 10, 17, 24, 31, June 7
Rain date: June 14
Time: 4:00-5:00 p.m.
Fee: \$126 Resident/\$136 Nonresident
Location: Stony Brook Middle School Courts

RED Ball - Summer

Dates: Fridays
June 21, 28, July 12, 19, 26, August 2, 9, 16
Rain date: August 23, (No class 7/5)
Time: 4:00-5:00 p.m.
Fee: \$144 Resident/\$154 Nonresident
Location: Stony Brook Middle School Courts

RED Ball: *Peewee Summer Mini Clinic*

In this clinic, your child's skills are reinforced for one hour on a daily basis. It's a great way for children to learn. For ages 5-7. Please bring water, racquet, and sunscreen.

Dates: Monday-Thursday, Rain date: Friday

Session 1: June 17-21 (No class 6/19)
Session 2: June 24-27
*Session 3: July 1-3 (No Class on 7/4-7/5)
Session 4: July 8-11
Session 5: July 15-18
Session 6: July 22-25
Session 7: July 29-August 1
Session 8: August 5-8

Time: 8:30-9:30 a.m.
Fee: \$72 Resident/\$82 Nonresident (4 Days)
*Fee: (\$54 Resident/\$64 Nonresident, 3 Days, for Session 3 only)
Location: Stony Brook Middle School Courts



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Tennis for Youth with Marcus Lewis

ORANGE Ball: Ages 8-10

ORANGE balls are the same size as a standard yellow ball, but are lighter and bounce lower. Play is on a mid-sized court with a standard net and juniors continue to build technique and tactical skills as well as confidence in their playing ability.

With Orange Ball, the emphasis is on learning basic grip, tennis strokes, boundaries, building fundamental skills, and scoring. Please bring water, racquet, and sunscreen.

ORANGE Ball - Spring

Dates: Tuesdays
April 23, 30, May 7, 14, 21, 28, June 4
Rain date: June 11

Times: 5:00-6:00 p.m.

Fee: \$126 Resident/\$136 Nonresident

Dates: Fridays
April 26, May 3, 10, 17, 24, 31, June 7
Rain date: June 14

Times: 5:00-6:00 p.m.

Fee: \$126 Resident/\$136 Nonresident

Location: Stony Brook Middle School Courts

ORANGE Ball - Summer

Dates: Fridays
June 21, 28, July 12, 19, 26, August 2, 9, 16
Rain date: August 23, (No class 7/5)

Times: 5:00-6:00 p.m.

Fee: \$144 Resident/\$154 Nonresident

GREEN Ball: Ages 11+

As junior players grow and build their skills for strokes, they move to a full sized court. The green ball is slightly lighter and slower than a yellow ball which gives them more time to get to and return shots. More balls stay in play and the exchanges last longer. For students who show potential to excel and have played enough to demonstrate forehand and backhand groundstrokes. Skills worked on will be advanced stroke skills and match strategy. Please bring water, racquet, and sunscreen.

GREEN Ball - Spring

Dates: Tuesdays
April 23, 30, May 7, 14, 21, 28, June 4
Rain date: June 11

Times: 6:00-7:00 p.m.

Fee: \$126 Residents/\$136 Nonresidents

Location: Stony Brook Middle School Courts

Dates: Fridays
April 26, May 3, 10, 17, 24, 31, June 7
Rain date: June 14

Times: 6:00-7:00 p.m.

Fee: \$126 Resident/\$136 Nonresident

Location: Stony Brook Middle School Courts

GREEN Ball - Summer

Dates: Fridays
June 21, 28, July 12, 19, 26, August 2, 9, 16
Rain date: August 23, (No class 7/5)

Times: 6:00-7:00 p.m.

Fee: \$144 Resident/\$154 Nonresident

Location: Stony Brook Middle School Courts



*MLTC participants
are in trophy pose position
practicing their over-heads.*



Tennis for Youth with Marcus Lewis - continued

YELLOW Ball: Ages 11+

Experienced and older juniors move to the standard yellow ball and the standard court size. These clinics are for the intermediate and advanced level players who aspire to compete in USTA tournaments or join their High School tennis team. The focus is on enhancing strokes and tactics for singles and doubles play along with mental toughness and conditioning.

YELLOW Ball - Spring

For players with little knowledge of the game or skills. Players will be taught basic skills including forehand, backhand, serve, volley, and overhead. Players should bring water, racquet, and sunscreen.

Ages: 11+
Dates: Mondays
April 22, 29, May 6, 13, 20, June 3
Rain date: June 10
Times: 5:00-6:00 p.m.
Fee: \$108 Resident/\$118 Nonresident
Location: Stony Brook Middle School Courts

Ages: 11+
Dates: Thursdays
April 25, May 2, 9, 16, 23, 30, June 6
Rain date: June 13
Times: 5:00-6:30 p.m.
Fee: \$189 Resident/\$199 Nonresident
Location: Stony Brook Middle School Courts

YELLOW Ball/Match Play - Spring

Ages: 11+
Dates: Fridays
April 26, May 3, 10, 17, 24, 31, June 7
Rain date: June 14
Times: 2:30-4:00 p.m.
Fee: \$189 Resident/\$199 Nonresident
Location: Stony Brook Middle School Courts

YELLOW Ball: Summer

Ages: 11+
Dates: Tuesdays
June 18, 25, July 2, 9, 16, 23, 30, August 6, 13
Rain date: August 20
Times: 4:30-6:30 p.m.
Fee: \$324 Resident/\$334 Nonresident
Location: Stony Brook Middle School Courts

Dates: Thursdays
June 20, 27, July 11, 18, 25,
August 1, 8, 15 (No Class 7/4)
Rain date: August 22
Times: 4:30-6:30 p.m.
Fee: \$288 Resident/\$298 Nonresident
Location: Stony Brook Middle School Courts

Middle School Tennis Team

This program is constructed to emphasize player participation and to prepare kids for future high school play. Players need to have a basic knowledge of the game, as well as the ability to serve and rally.

Program runs Monday through Thursday. Mondays and Wednesdays are practice days. Tuesday and Thursdays are match play days. If a player is unable to attend all four days, then they may opt out of up to two days, but all players must attend either a Monday or a Wednesday practice. MLTC will provide transportation to and from Stony Brook MS for away matches only. For players who attend Blanchard MS, we do not have daily transportation available to Stony Brook. Those players will need to arrange for their own regular transportation.

To register or for more information please contact: Renee Girodano at renee.girodano@marcuslewisenterprises.com

Dates: April 22 through June 13
(No Lesson May 27)
Time: 2:30-4:30 p.m.
Fee: 4 days/week \$395
Location: Stony Brook Middle School Courts

To **Register** or to **Learn More** about MLTEP Programs, contact westford@marcuslewisenterprises.com.

Tennis for Youth with Marcus Lewis - continued

Summer Mini Clinics: Beginner/Advanced Beginner Program Orange Ball

Skills are reinforced every day through fun drills and games. Players will be evaluated and divided by ability. Players should bring water, racquet, and sunscreen.

Ages: 8-10

Mondays-Thursdays, Rain date: Fridays

Session 1: June 17-21 (No class 6/19)
Session 2: June 24-July 27
*Session 3: July 1-3 (No Class 7/4-7/5)
Session 4: July 8-11
Session 5: July 15-18
Session 6: July 22-25
Session 7: July 29-August 1
Session 8: August 5-8

Time: 9:30-10:30 a.m.
Fee: \$72 Resident/\$82 Nonresident (4 Days)
*Fee: (\$54 Resident/\$64 Nonresident,
3 Days, for Session 3 only)
Location: Stony Brook Middle School Courts

Summer Mini Clinics: Advanced Beginner/Low Intermediate Green Ball

Skills are reinforced every day through fun drills and games. Players will be evaluated and divided by ability. Players should bring water, racquet, and sunscreen.

Ages: 11+

Mondays-Thursdays, Rain date: Fridays
Session 1: June 17-21 (No class 6/19)
Session 2: June 24-July 27
*Session 3: July 1-3 (No Class 7/4-7/5)
Session 4: July 8-11
Session 5: July 15-18
Session 6: July 22-25
Session 7: July 29-August 1
Session 8: August 5-8

Time: 10:30-11:30 a.m.
Fee: \$72 Resident/\$82 Nonresident (4 Days)
*Fee: (\$54 Resident/\$64 Nonresident,
3 Days, for Session 3 only)
Location: Stony Brook Middle School Courts

Summer Mini Clinics: Intermediate/Advanced Tennis Program Yellow Ball

Players should have dependable strokes, including directional control and depth on both forehand and backhand if registering for this class. We will work on use of power and spin, handling pace, sound footwork, controlling depth of shots and varying game plan according to your opponents. Players should bring water, racquet, and sunscreen.

Ages: 11+

Mondays-Thursdays, (Rain date on Fridays)

Session 1: June 17-21 (No class 6/19)
Session 2: June 24-July 27
*Session 3: July 1-3 (No Class 7/4-7/5)
Session 4: July 8-11
Session 5: July 15-18
Session 6: July 22-25
Session 7: July 29-August 1
Session 8: August 5-8

Time: 11:30-1:30 p.m.
Fee: \$144 Resident/\$154 Nonresident (4 Days)
*Fee: (\$108 Resident/\$118 Nonresident,
3 Days, for Session 3 only)
Location: Stony Brook Middle School Courts



To **Register** or to **Learn More** about MLTEP Programs, contact westford@marcuslewisenterprises.com