

**Marcus Lewis Tennis  
Extension Program  
in partnership with  
Westford Recreation**

***2026 MLTEP  
Spring-Summer  
Programs***

Learn more about [Westford Recreation](https://www.westfordma.gov) at [westfordma.gov](https://www.westfordma.gov)  
For recreation programming, visit [westfordma.myrec.com](https://www.westfordma.myrec.com)

Westford Recreation, 65 Main Street, 3rd Floor, Westford, MA 01886 | 978-692-5532

# Tennis for Adults with Marcus Lewis

Westford Recreation partners with the Marcus Lewis Tennis Extension Program (MLTEP) to offer the highest quality tennis programming. The MLTEP, a non-profit that was formed by Marcus Lewis Tennis Club (MLTC), has provided high-level instruction to area communities for over 20 years. MLTEP instructors are specifically trained in contemporary methods of teaching and many have decades of experience. The non-profit MLTEP utilizes resources from the MLTC, however as a non-profit, the pricing is significantly lower than a commercial facility. With indoor facilities in Acton, MLTEP also provides Westford residents with year-round opportunities to play tennis.

To register, or to learn more about the MLTEP, contact [westford@marcuslewisenterprises.com](mailto:westford@marcuslewisenterprises.com).

## Adult Beginner/Advanced Beginner Tennis

Class emphasis will be on stroke fundamentals, footwork, and court positioning. Bring water, racquet, and sunscreen.

### Spring

Dates: Sundays  
April 26, May 3, 10, 17, 31, June 7  
(No Lesson 5/24) Rain date: June 14  
Time: 3:00-4:30 p.m.  
Fee: \$198 Resident/\$208 Nonresident  
Location: Stony Brook Middle School Courts

### Summer

Dates: Mondays  
June 22, 29, July 6, 13, 20, 27, August 3,  
10, 17, Rain date: August 24  
Time: 5:30-7:00 p.m.  
Fee: \$297 Resident / \$307 Nonresident  
Location: Stony Brook Middle School Courts

## Adult Low Intermediate Tennis/ Intermediate

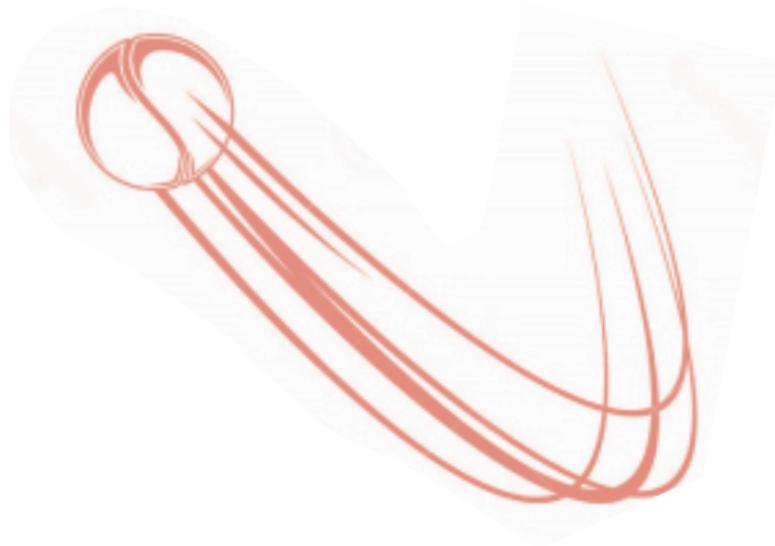
If you have the strokes and can keep a rally going relatively well, this is the next step. Develop your abilities with more advanced training and strategy. Players should bring water, racquet, and sunscreen.

### Spring

Dates: Sundays  
April 26, May 3, 10, 17, 31, June 7  
(No Lesson 5/24) Rain date: June 14  
Time: 4:30-6:00 p.m.  
Fee: \$198 Resident/\$208 Nonresident  
Location: Stony Brook Middle School Courts

### Summer

Dates: Thursdays  
June 25, July 2, 9, 16, 23, 30, August 6, 13, 20  
Rain Date: August 27  
Time: 5:30-7:00 p.m.  
Fee: \$297 Resident/\$307 Nonresident  
Location: Stony Brook Middle School Courts



# Tennis for Squirts with Marcus Lewis

## Quick Start Clinics with Marcus Lewis

Although there was a time when juniors learned with the same size equipment as adults, the modern tennis world took a different approach. Now juniors are instructed with lower compression balls, smaller racquets and even a smaller court for younger players. The result is faster improvement, longer rallies and greater success. The MLTC employs the most current teaching methods so that your child learns efficiently and has a great time doing it. Players should bring water, racquet, and sunscreen. *Westford Recreation partners with the Marcus Lewis Tennis Extension Program (MLTEP) to offer the highest quality instruction and programming.*

### RED Ball: Ages 5-7

Young players start with a red ball that is larger, slower, and lighter. The smaller court and lower net is scaled to size for these developing players which allows them to cover the court, hit more balls, and build confidence. At this level, young juniors develop their technique and learn simple tactics. Please bring water, racquet, and sunscreen.

#### RED Ball - Spring

Dates: Tuesdays  
April 28, May 5, 12, 19, 26, June 2, 9  
Rain date: June 16  
Time: 4:30-5:30 p.m.  
Fee: \$154 Resident/\$164 Nonresident  
Location: Stony Brook Middle School Courts

Dates: Thursdays  
April 30, May 7, 14, 21, 28, June 4, 11  
Rain date: June 18  
Time: 4:30-5:30 p.m.  
Fee: \$154 Resident/\$164 Nonresident  
Location: Stony Brook Middle School Courts

#### RED Ball:

### Peewee Summer Mini Clinic

In this clinic, your child's skills are reinforced for one hour on a daily basis. It's a great way for children to learn. Please bring water, racquet, and sunscreen.

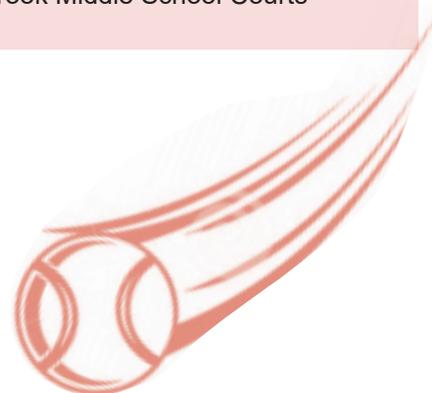
For ages 5-7.

Dates: Monday-Thursday, Rain date: Friday

Session 1: June 22-25  
Session 2: June 29-July 2  
Session 3: July 13-16  
Session 4: July 20-23  
Session 5: July 27-30  
Session 6: August 3-6  
Session 7: August 10-13  
Session 8: August 17-20

Time: 8:00-9:00 a.m.  
Fee: \$88 Resident/\$98 Nonresident (4 Days)  
Location: Stony Brook Middle School Courts

To **Register** or to **Learn More** about Marcus Lewis Tennis Extension Program, contact [westford@marcuslewisenterprises.com](mailto:westford@marcuslewisenterprises.com).



# Tennis for Youth with Marcus Lewis

## ORANGE Ball: Ages 8-10

**ORANGE** balls are the same size as a standard yellow ball but are lighter and bounce lower. Play is on a mid-sized court with a standard net, and juniors continue to build technique and tactical skills as well as confidence in their playing ability.

With Orange Ball, the emphasis is on learning basic grip, tennis strokes, boundaries, building fundamental skills, and scoring. Please bring water, racquet, and sunscreen.

### ORANGE Ball - Spring

Dates: Tuesdays  
April 28, May 5, 12, 19, 26, June 2, 9  
Rain date: June 16  
Time: 5:30-6:30 p.m.  
Fee: \$154 Resident/\$164 Nonresident  
Location: Stony Brook Middle School Courts

Dates: Thursdays  
April 30, May 7, 14, 21, 28, June 4, 11  
Rain date: June 18  
Time: 5:30-6:30 p.m.  
Fee: \$154 Resident/\$164 Nonresident  
Location: Stony Brook Middle School Courts

## GREEN Ball: Ages 11+

As junior players grow and build their skills for strokes, they move to a full sized court. The green ball is slightly lighter and slower than a yellow ball which gives them more time to get to and return shots. More balls stay in play and the exchanges last longer.

For students who show potential to excel and have played enough to demonstrate forehand and backhand ground-strokes. Skills worked on will be advanced stroke skills and match strategy. Please bring water, racquet, and sunscreen.

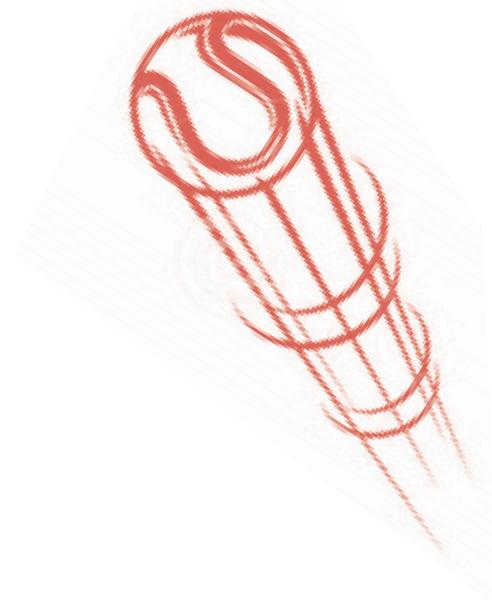
### GREEN Ball - Spring

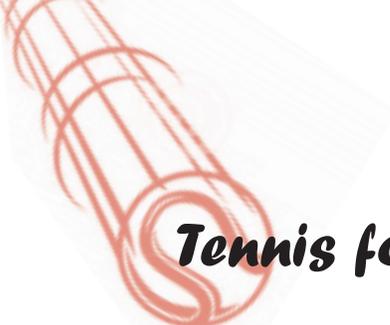
Dates: Tuesdays  
April 28, May 5, 12, 19, 26, June 2, 9  
Rain date: June 16  
Time: 3:30-4:30 p.m.  
Fee: \$154 Resident/\$164 Nonresident  
Location: Stony Brook Middle School Courts

Dates: Thursdays  
April 30, May 7, 14, 21, 28, June 4, 11  
Rain date: June 18  
Time: 3:30-4:30 p.m.  
Fee: \$154 Resident/\$164 Nonresident  
Location: Stony Brook Middle School Courts



*MLTEP participants are in trophy pose position practicing their over-heads.*





# Tennis for Youth with Marcus Lewis - continued

## YELLOW Ball: Ages 11+

Experienced and older juniors move to the standard yellow ball and the standard court size. These clinics are for the intermediate and advanced level players who aspire to compete in USTA tournaments or join their High School tennis team. The focus is on enhancing strokes and tactics for singles and doubles play along with mental toughness and conditioning.

Players should bring water, racquet, and sunscreen.

### YELLOW Ball - Summer

Ages: 11+

Dates: Tuesdays  
June 23, 30, July 7, 14, 21, 28,  
August 4, 11, 18 Rain date: August 25

Times: 5:30-7:00 p.m.

Fee: \$297 Resident/\$307 Nonresident

Location: Stony Brook Middle School Courts

Dates: Wednesdays  
June 24, July 1, 8, 15, 22, 29,  
August 5, 12, 19 Rain date: August 26

Times: 5:30-7:00 p.m.

Fee: \$297 Resident/\$307 Nonresident

Location: Stony Brook Middle School Courts

## Middle School Tennis Team

This program is designed to emphasize player participation and to prepare kids for future high school play. Players need to have a basic knowledge of the game, as well as the ability to serve and rally.

Program runs Monday through Thursday. Players practice Monday and Thursday and have matches with players from Acton and Concord on Tuesday and Wednesday. The season will end with a bracket style tournament.

Players from Blanchard MS are welcome to sign up but we do not have daily transportation available to Stony Brook. Those players will need to arrange for their own regular transportation. Space is limited.

To register or for more information please contact:

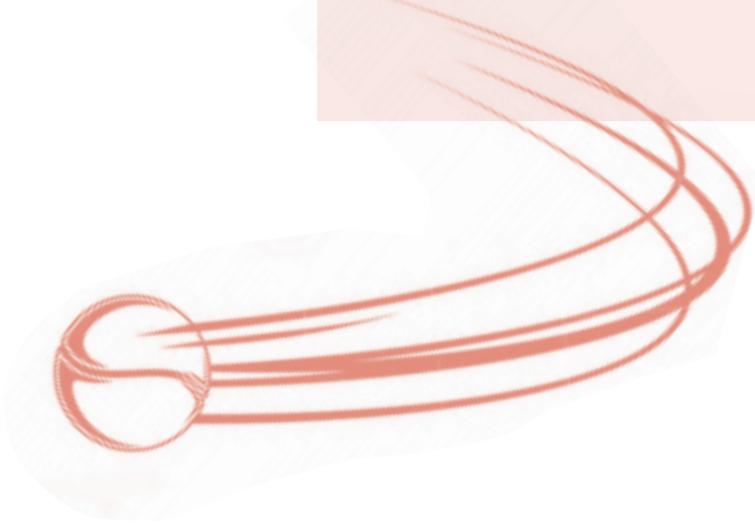
**Renee Girodano at**  
**[renee.girodano@marcuslewisenterprises.com](mailto:renee.girodano@marcuslewisenterprises.com)**

Dates: April 27 through June 18  
(No Lesson May 25)

Time: 2:30-4:30 p.m.

Fee: 4 days/week \$500

Location: Stony Brook Middle School Courts



To **Register** or to **Learn More** about Marcus Lewis Tennis Extension Program, contact [westford@marcuslewisenterprises.com](mailto:westford@marcuslewisenterprises.com).

# Tennis for Youth with Marcus Lewis

## Summer Mini Clinics: Beginner/Advanced Beginner Orange Ball

Players should have dependable strokes, including directional control and depth on both forehand and backhand if registering for this class. We will work on use of power and spin, handling pace, sound footwork, controlling depth of shots, and varying game plan according to your opponents. Players should bring water, racquet, and sunscreen.

Ages: 8-10

Mondays-Thursdays, Rain date: Fridays

Session 1: June 22-25  
Session 2: June 29-July 2  
Session 3: July 13-16  
Session 4: July 20-23  
Session 5: July 27-30  
Session 6: August 3-6  
Session 7: August 10-13  
Session 8: August 17-20

Time: 9:00-10:00 a.m.

Fee: \$88 Resident/\$98 Nonresident (4 Days)

Location: Stony Brook Middle School Courts

## Summer Mini Clinics: Advanced Beginner/Low Intermediate Green Ball

Skills are reinforced every day through fun drills and games. Players will be evaluated and divided by ability. Players should bring water, racquet, and sunscreen

Ages: 11+

Mondays-Thursdays, Rain date: Fridays

Session 1: June 22-25  
Session 2: June 29-July 2  
Session 3: July 13-16  
Session 4: July 20-23  
Session 5: July 27-30  
Session 6: August 3-6  
Session 7: August 10-13  
Session 8: August 17-20

Time: 10:00-11:00 a.m.

Fee: \$88 Resident/\$98 Nonresident (4 Days)

Location: Stony Brook Middle School Courts

## Summer Mini Clinics: Intermediate/Advanced Yellow Ball

Players should have dependable strokes, including directional control and depth on both forehand and backhand if registering for this class. We will work on use of power and spin, handling pace, sound footwork, controlling depth of shots and varying game plan according to your opponents. Players should bring water, racquet, and sunscreen.

Ages: 11+

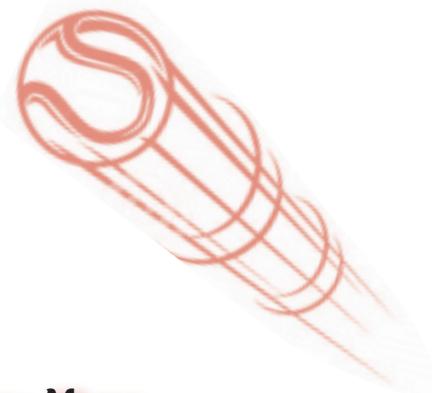
Mondays-Thursdays, (Rain date on Fridays)

Session 1: June 22-25  
Session 2: June 29-July 2  
Session 3: July 13-16  
Session 4: July 20-23  
Session 5: July 27-30  
Session 6: August 3-6  
Session 7: August 10-13  
Session 8: August 17-20

Time: 11:00-1:00 p.m.

Fee: \$176 Resident/\$186 Nonresident (4 Days)

Location: Stony Brook Middle School Courts



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